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# If I Could Talk to the Animals

## Animal Communication: Part One By Jennifer M. Brauns

One of the great pleasures of owning *Mile High Dog* is the latitude it provides for many of the stories in these pages to come forth organically in their own time. This article is the first in a three-part series devoted to interspecies communication, including a personal experience, stories about some rather extraordinary ways in which communicators have assisted their clients, and finally some lessons on how almost anyone, given some guidance and practice, can learn to listen to and talk with animals. We hope you will join us on our journey as we delve into this fascinating topic.

For years we've heard stories from friends, co-workers and readers about interesting insights they have gleaned while working with animal communicators. In every case, pet parents have reported that the information exchanges were most insightful and that these sessions had improved the relationships with their dog(s) in profound ways.

We realize some readers may be skeptical about the notion that some people can converse with animals, so we set out to explore this realm

and answer as many questions as we can for our readers. By providing information about how and why this type of conversation works and what can and can't be achieved, we will share our findings and allow you to draw your own conclusions.

Recently, my dachshund and I had a consultation with Terri O'Hara of AnimalWize. I'll start by saying that she definitely knew things about our dog, our household, the nature of the relationships between our two- and four-legged family members and other details which would have been quite impossible for her to know from her office in Oregon. These things have never been shared in word or photo on the internet, so these details could have only come from me or my dog.

Terri describes her work as a way of connecting with animals through love and intuition. By joining you in focusing on your animals, she asks questions and receives information back in the form of images, feelings, physical sensations, symbolism and sometimes words. With a list of questions, we began our session.

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# Animal Communication: Part One

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## What We Learned From Our Consultation

Cornflake is our quirky and anxious ten-year-old dachshund. Sadly, he missed the opportunity to be properly socialized early on, so he has always been nervous around other dogs. He was also attacked by a large Newfoundland years ago, further solidifying his idea that dogs are to be avoided at all cost. Here are just a few of the questions we asked Cornflake through Terri and the answers she provided:

**Q** - Tell me about when we met.

**A** - I looked into her eyes and felt safe and loved like I was home. I knew that's why all the other people had passed me over, because that connection never happened with anyone else. They weren't looking into me, they weren't loving me with their eyes like she did. So I fell in love. I'm her baby boy and I share her with her husband...well, I tolerate having to share her with her husband.

**Q** - Why did we come together?

**A** - You needed me; your heart needed me. You are a giver and a hard, hard worker. You do much and you go, go, go. You're not just busy with work, but you give out a lot. He gives you unconditional love on a regular basis. He is your fuel; he fills you up. I came to help her heart and soul because she over gives and gets depleted.

**Q** - Cornflake is overprotective of me to an extreme sometimes. What is that about and how can he understand that I'm okay and that he doesn't have to be my hypervigilant protector?

**A** - Cornflake says that's a tough one because, "Yes, I do." I came into this life to take care of her and it's my role to make sure she's safe and happy, make sure she's okay.

Terri explained, "You're overdoing it Cornflake, with the wonderful job you're going, you have accidentally gone to the extreme and she doesn't need it so extensively." Terri said he shows me that he loses his senses about right and wrong and boundaries. He shows me he can get very growly and dramatic. He takes his job to the extreme. It's like he's got an on switch and an off switch, but no medium switch.

**Q** - When someone knocks at the door, Cornflake goes ballistic and it's absolutely not necessary. How can we solve that?

**A** - Terri said if we tell him it's not necessary, he'll just say, "Yes it is." Cornflake says we don't know who they are or what they're going to do to her. He says he's worse at this place than where we lived before. Is that correct Terri asked? Yes, very much so, I answer. Cornflake says at this place, there are lots of people coming and going and we don't know who is out there, there's a lot more commotion than we ever had at the other place. At the other place I could just protect the household once in a while and then be done. But at this place he's

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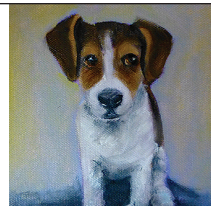
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gotten more hypervigilant. Terri recommend a way for us to deal with him when people come to the door that honors both his call to duty and our need for him to listen. We're working on that now and it has helped already, but it's going to take a lot of consistent work.

**Q** - Can you let him know that we can see who is on the other side of the door and that we don't let bad people or strangers in?

**A** - We can tell him that, but dogs are so in the moment, they don't stop when the doorbell rings to think it through. They react first. Terri shared that I need to say, "Thank you, I've got it," meaning that I've literally got the situation under control and your job is done.

**Q** - Cornflake never seems to feel safe in the world. How can we help him to feel more secure?

**A** - You're right, he does fear the world because he's burdened himself with this tremendous responsibility. He's supposed to take care of everything...absolutely everything. He then reflected on his fear of dogs. You have no idea how many dogs picture me in their mouth, he shared. Terri said he's probably right, but thought it was all in fun that they want to grab and play with him, not that they want to hurt or kill him. She explained this to him.

**Q** - Cornflake is much better when walking with my husband. What is that like to walk with him and what is it like to walk with me?

**A** - He told Terri that he feels pretty good, not as nervous when walking with his dad since they are both my protectors. He feels proud to walk with his dad. When she pictured him walking with me and asked him about that, he said, "Well you know anything could happen to her and it's my job to keep her safe." Terri said even his telepathic voice changed and became stressed as he was talking about it.

These were just a few of the questions asked during our session with Cornflake. With Terri's insight, I'm learning what to change so that he can stop viewing me as a damsel in distress and be more relaxed when we are alone together in the world. It's my responsibility to help him feel as confident when walking with me as he does with his dad. Terri has armed me with many great suggestions on how to better communicate with Cornflake and I'm very grateful. Since our visit with Terri, we've been much better able to understand each other and her suggestions have made quite a difference in his behavior.

We hope you'll join us next time to learn about other ways in which animal communicators help their clients. While many intuitives are not able to assist with missing animals, some have this special talent. The way they are able to guide frantic pet parents to find their lost and frightened animals is nothing short of miraculous. They can also help you find closure with a pet who has crossed over the Rainbow Bridge or check in to see how they are doing. The possibilities are endless, but are sure to pique your interest. 🐾



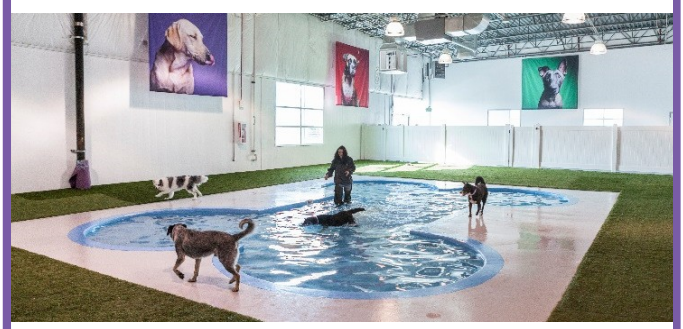
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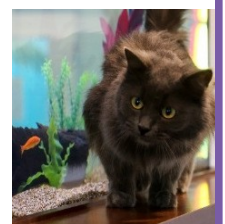
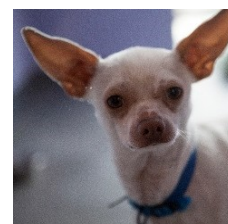
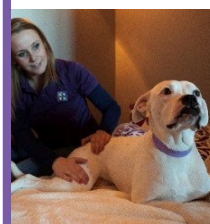
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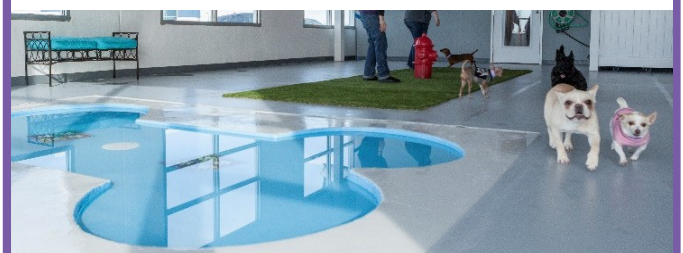
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